

APEX CADAVER ARTHROSCOPY COURSE

BASIC TO ADVANCED
PRIMARY & REVISION

Under the aegis of VOA

**24 - 25
JANUARY 2026**

 RADISSON, VARANASI



~ Organized by ~

Welcome Message...

Dear Colleagues & friends,

It is our immense pleasure and proud privilege to extend a very warm welcome to all delegates, faculty members, and participants to the AAA Apex Cadaver Arthroplasty and Arthroscopy Course, being organized by Apex Super Specialty Hospital & PGI, Varanasi, in association with the Department of Anatomy, IMS BHU, Varanasi, under the esteemed aegis of the Varanasi Orthopaedic Association (VOA), on 24th–25th January 2026.

This academic event is designed to provide an exceptional learning platform focusing on the latest advancements and surgical techniques in Arthroscopy and Arthroplasty, with the unique advantage of hands-on cadaveric training. The course aims to bridge the gap between theory and practice, empowering young orthopaedic surgeons and postgraduate trainees with enhanced surgical confidence and refined technical skills.

We are honored to host distinguished national and regional faculty who will share their invaluable experience and expertise. We are confident that this course will not only enrich your knowledge but also foster enduring academic collaborations and friendships.

We warmly welcome you to the spiritual city of Varanasi, where tradition meets innovation, and learning blends with heritage. May this event be an enlightening and memorable experience for all.



With warm regards,
Organizing Committee
AAA Apex Cadaver Arthroplasty and Arthroscopy Course 2026
Apex Super Specialty Hospital & PGI, Varanasi
(In association with Department of Anatomy,
IMS BHU, under the aegis of VOA)

Cadaveric Arthroscopy Workshop (24th Jan. 2026, Sunday)

Anatomical Specimen Laboratory

08:15 am – 09:00 am

Transfer to the Anatomical Specimen Laboratory

Meeting Point: Radisson Hotel, Lawn (08:00 am)

09:00 am – 09:15 am

- Preparation for the Anatomical Specimen Laboratory

09:15 am – 09:30 am

- Introduction to the Laboratory & Overview of Day's Activities

09:30 am – 10:00 am

- Basics of Diagnostic Arthroscopy & ACL Reconstruction

10:00 am – 10:30 am

- Live Demonstration - Anterolateral Ligament Reconstruction - Dr. Alessandro Lelli

10:30 am – 01:00 pm

Perform Diagnostic Arthroscopy & ACL Reconstruction

- Tunnel Making
- Graft Harvesting
- Fixation of Graft

All faculty

01:00 pm – 02:00 pm

Lunch Break

02:00 pm – 02:30 pm

- Basics of Meniscus Surgery & PCL Reconstruction

02:30 pm – 03:00 pm

- Live Cadaveric Demonstration - PLC Reconstruction - Dr. Manit Arora

03:00 pm – 04:30 pm

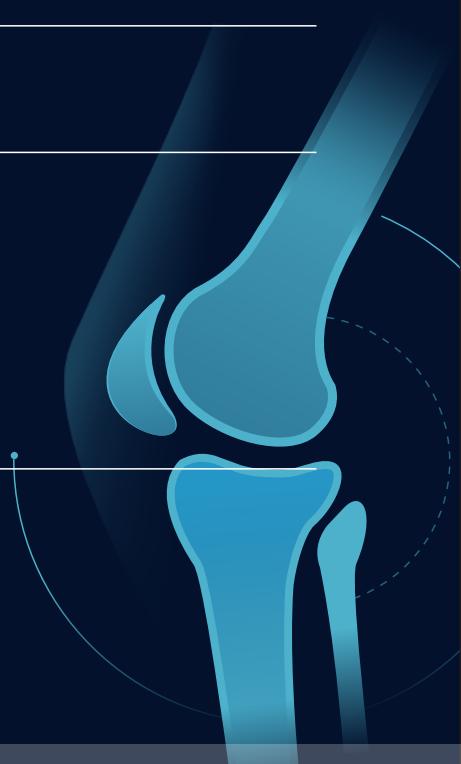
- Meniscus Repair - All Technique
- All Inside
- Inside Out
- Outside In
- PCL Tunnel Making

All faculty

Course evaluation

7 pm onwards

Gala Dinner



Arthroscopy Academic Session (25th Jan. 2026, Sunday)

10:00 am – 11:00 am

Case Presentations

11:00 am – 12:30 pm

Lecture

- **Primary ACL Reconstruction : How to Get it Right in First Time** - Dr. Alessandro Lelli
- **LET - When and How** - Dr. Manit Arora
- **Meniscus Tear : Save or Shave - Do-it Right Way** - Dr. Vinay Tantuway
- **PLC Injury Knee Management: Don't Miss the Corners** - Dr. Rajkumar S. Amaravati
- **Revision ACLR : Treatment Algoritham** - Dr. Alessandro Lelli
- **PMC Injury Knee Management: Don't Miss the Corners** - Dr. Deepak Joshi
- **Graft Selection in Ligament: Who Need What?** - Dr. Ravi Gupta
- **Peroneus logus graft in ACLR** - Dr. Manit Arora

12:30 pm - 01:00 pm

Panel Discussion

01:00 pm

Lunch

02:00 pm – 03:45 pm

Lecture

- **PCL Injury Management** - Dr. Bibhuti Nath Mishra
- **Alignment Issue in Young : Planning & Execution - Deformity Correction** - Dr. Deepak Joshi
- **Intra-OP Complication in Arthroscopy Surgery Knee : Hot to Avoid & How to Deal**
- Dr. Rajkumar S. Amaravati
- **Stabilizing A Dislocating Patella** - Dr. Deepak Joshi
- **Multiligament Injury Knee : Treatment Algorithim** - Dr. Rajkumar S. Amaravati
- **Cartilage Lesions of Knee: Decision Making & Execution** - Dr. Vinay Tantuway
- **Meniscus Root Tear Understanding An Emerging Epidemic** - Dr. Ravi Gupta

03:45 pm – 05:00 pm

Case Presentations



Faculty

International



Dr. Alessandro Lelli
Italy



Dr. Bibhuti Nath Mishra
Nepal

National



Dr. Deepak Joshi
New Delhi



Dr. Mani Arora
Chandigarh



Dr. Rajkumar S. Amaravati
Karnataka



Dr. Ravi Gupta
Haryana



Dr. Vinay Tantuway
Indore

Regional

Dr. Abhinay Kumar Singh Dr. Ajeet Singh Dr. Ashutosh Aggrawal Dr. Neeraj Srivastava Dr. Rakesh Singh
Dr. Shivam Sinha Dr. Shwetabh Rai Dr. Vinay Pandey

Under the aegis of VOA



Dr. H C Agrawal
(President)



Dr. Sanjay Yadav
(Secretary)

Organizing Committee



Organizing Chairman
Dr. S K Singh



Organizing Secretary
Dr. Swaroop Patel



Co-Organizing Secretary
Dr. Amit Jha



Co-Organizing Secretary
Workshop
Dr. Vishnu Panigrahi



Co-Organizing Secretary
Workshop
Dr. Sanjeev Singh



Co-Organizing Secretary
Workshop
Dr. Nitin Choudhary

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For Registration

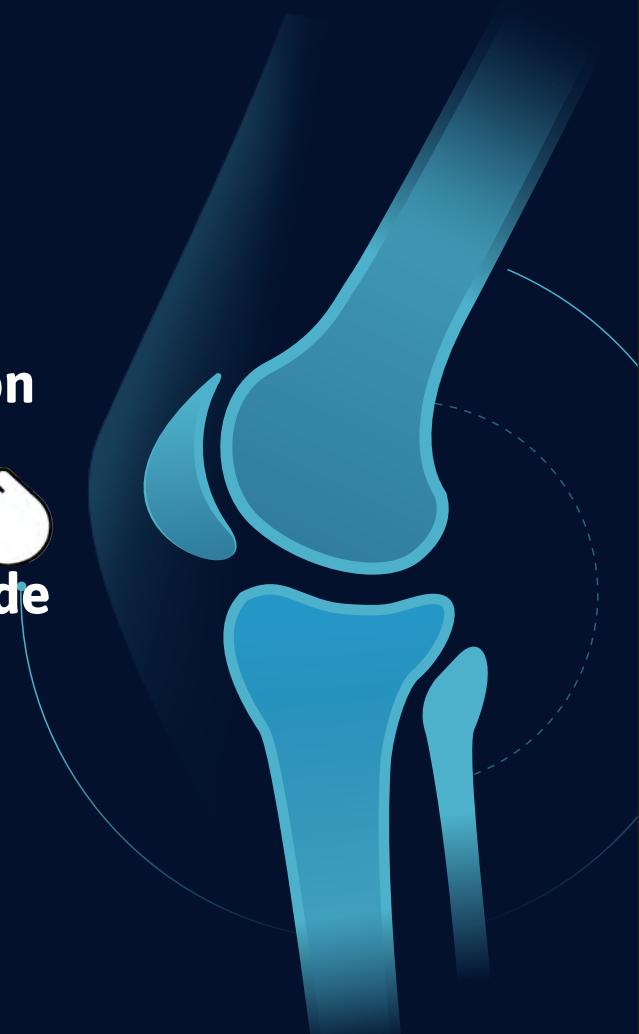
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Or Scan QR Code

Registration Fee

(Non Residential)

Apex Arthroscopy Course | ₹ 12,000
24th - 25th January 2026



Conference Secretariat

Apex Super Speciality Hospital & PGI

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